

GENERAL ASSEMBLY OF NORTH CAROLINA  
SESSION 2013

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SENATE BILL 132  
Health Care Committee Substitute Adopted 5/8/13  
Third Edition Engrossed 5/13/13

Short Title: Health Curriculum/Preterm Birth.

(Public)

Sponsors:

Referred to:

February 26, 2013

1 A BILL TO BE ENTITLED  
2 AN ACT TO INCLUDE INSTRUCTION IN THE SCHOOL HEALTH EDUCATION  
3 PROGRAM ON THE PREVENTABLE CAUSES OF PRETERM BIRTH, INCLUDING  
4 INDUCED ABORTION AS A CAUSE OF PRETERM BIRTH IN SUBSEQUENT  
5 PREGNANCIES.

6 The General Assembly of North Carolina enacts:

7 **SECTION 1.** G.S. 115C-81(e1)(4) reads as rewritten:

8 "(4) Each local school administrative unit shall provide a reproductive health and  
9 safety education program commencing in the seventh grade that includes the  
10 following instruction:

- 11 a. Teaches that abstinence from sexual activity outside of marriage is  
12 the expected standard for all school-age children.  
13 b. Presents techniques and strategies to deal with peer pressure and  
14 offering positive reinforcement.  
15 c. Presents reasons, skills, and strategies for remaining or becoming  
16 abstinent from sexual activity.  
17 d. Teaches that abstinence from sexual activity is the only certain  
18 means of avoiding out-of-wedlock pregnancy, sexually transmitted  
19 diseases when transmitted through sexual contact, including  
20 HIV/AIDS, and other associated health and emotional problems.  
21 e. Teaches that a mutually faithful monogamous heterosexual  
22 relationship in the context of marriage is the best lifelong means of  
23 avoiding sexually transmitted diseases, including HIV/AIDS.  
24 f. Teaches the positive benefits of abstinence until marriage and the  
25 risks of premarital sexual activity.  
26 g. Provides opportunities that allow for interaction between the parent  
27 or legal guardian and the student.  
28 h. Provides factually accurate biological or pathological information  
29 that is related to the human reproductive system.  
30 i. Teaches about the preventable causes of preterm birth in subsequent  
31 pregnancies, including induced abortion, smoking, alcohol  
32 consumption, the use of illicit drugs, and inadequate prenatal care.

33 Materials used in this instruction shall be age appropriate for use with  
34 students. Information conveyed during the instruction shall be objective and  
35 based upon scientific research that is peer reviewed and accepted by



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1                   professionals and credentialed experts in the field of sexual health  
2                   education."

3                   **SECTION 2.** To facilitate the implementation of this act, within 60 days of this act  
4 becoming effective and annually thereafter, the Department of Health and Human Services,  
5 Division of Public Health, shall provide to the Department of Public Instruction sample  
6 educational materials with the most current information available about the preventable causes  
7 of preterm birth in subsequent pregnancies, including induced abortion, smoking, alcohol  
8 consumption, the use of illicit drugs, and inadequate prenatal care.

9                   **SECTION 3.** This act is effective when it becomes law and applies beginning with  
10 the 2013-2014 school year.